

Munching on Lunch!

Presenter Tip Sheet

About This Storytime

Some children enjoy food, and others are picky eaters, but all young children need to learn about food! Often children's food preferences are influenced by their family. This storytime might introduce children to some new foods and will celebrate some old standbys, such as peanut butter and jelly.

Books

For books to share in this storytime, pick three from the list below, or choose other books in your collection that reflect the theme and are developmentally appropriate for twos and threes. Always share your longest book first. For the second book, choose a participatory book that engages the children, and ask the caregivers to join in. For the third and last story, share a book told through the use of a flannel board or magnetic board, or use a prop or other visual. The examples provided in the storytime program fit these guidelines.

Book Suggestions:

- *Eats*, by Marthe Jocelyn (Tundra, 2007)
- *Giant Pop-Out Food*, by Chronicle Books (Chronicle, 2010)
- *Go, Go, Grapes!* by April Pulley Sayre (Beach Lane, 2012)
- *Growing Vegetable Soup*, by Lois Ehlert (Voyager Books, 1990)
- *Lunch*, by Denise Fleming (Henry Holt, 1992)
- *Mealtime*, by Elizabeth Verdick (Free Spirit, 2011)
- *Peanut Butter and Jelly* by Nadine Bernard Westcott (Puffin, 1992)
- *Rah, Rah, Radishes!* by April Pulley Sayre (Beach Lane, 2011)
- *Sheep Out to Eat*, by Nancy Shaw (Perfection Learning, 1995)
- *The Pigeon Finds a Hot Dog!* by Mo Willems (Hyperion, 2004)
- *The Very Hungry Caterpillar*, by Eric Carle (Philomel, 2009)

Songs

This storytime includes three songs. The same opening song should be used each week if you are holding a series of storytime programs. Always provide some type of movement or motions to accompany each song, but keep the movements simple. If you use a song that normally has many verses, consider limiting it to two or three verses. Using recorded music during the storytime is fine, but try to sing as many songs as you can with a live voice so that young children can hear the words and the sounds making up each word. Recorded music is usually sung too fast for this purpose. The Very Ready Reading Program includes CDs with all the songs in the storytimes, recorded at an appropriate tempo for this age group. Track numbers for each recording are provided in the song list below and on the storytime program card.

Songs for This Storytime:

- Opening Song: "It's Time for Storytime" (sung to the tune of "The Farmer in the Dell") 🎧 2.03 🎵 2.04
- "Bread and Jelly" (sung to the tune of "London Bridge Is Falling Down") 🎧 1.08
- "Lunchtime" (sung to the tune of "The Farmer in the Dell") 🎧 2.08

Rhymes/Chants

This storytime includes four rhymes and one chant. The same closing rhyme should be used each week if you are holding a series of storytime programs. The rhymes used in these storytimes have motions that are appropriate for twos and threes, who still have some limited fine motor skills. Younger children may need caregivers' help with the motions.

Rhymes/Chants for This Storytime:

- "Go Bananas"
- "Pease Porridge Hot"
- Chant: "Peanut Butter and Jelly" Can also be sung. A version can be found on the following recordings:
 - Fun and Games*, by Greg and Steve. Greg & Steve Productions, 2002.
 - Fabulous Food*, by Pam Schiller. Gryphon, 2006.
 - Great Big Hits*, by Sharon, Lois, and Bram. Casablanca Kids, 2008.
- "Hot-Cross Buns!"
- Closing Rhyme: "Wave Goodbye"

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Activities

This storytime includes an optional theme-related activity, to be completed after the closing rhyme. Below are three activities to choose from. The activity you choose might depend on the size or predominant age of your audience, the amount of time you have to prepare, your space or environment, and the materials needed. The activities are designed with safety and the attention spans and fine motor abilities of twos and threes in mind. Always remember and remind caregivers: **Any activity that involves materials such as paint, sand, string, or small pieces requires close adult supervision.** Although each activity has a learning aspect, the emphasis should be on having fun!

Activity Suggestions:

Play Dough Cookies. Provide play dough, rolling pins, cookie sheets, and cookie cutters. Invite children to make play dough cookies.

Scratch and Sniff Paint. Mix fruit-flavored gelatin powder (strawberry, grape, orange, lemon) with half the amount of water the directions say to use. Use the mixture for paint. Children can apply it with a paintbrush on card stock. When it dries, children can scratch and sniff.

Cake Pan Puzzles. Provide one copy of the fruit and vegetable circle puzzle from www.upstartpromotions.com/upstart/pages/reproducibles for each child. Have children color them, and then adults can cover them with clear contact paper, or they can be laminated. The page can then be cut into six to eight pieces (the most pieces to use for twos and threes). If desired, children can put their circle puzzle together on top of a circular paper plate.



Early Literacy Tips

Throughout each storytime program, you'll find yellow boxes that feature early literacy tips. As you present your program, share these tips with parents and caregivers to help promote the **7 Days • 7 Ways** principles. The tips are designed to easily be infused into the storytime without interrupting the natural flow of the program for children. The Caregiver Tip Sheets you will hand out at the end of each program reiterate the literacy tips you shared during the storytime.