

GUIDE:

How to Choose the Right Flexible Seating for Your Learning Space

Flexible Seating Guide

The Challenge: Supporting Different Learning Styles and Activities in Your Space

Choosing to add flexible seating to your learning environment is the first step, but what options should you offer your students? How can you be sure the seating you select will support all the learning needs in your space? This guide can help! Inside we walk you through the features and benefits of the following flexible seating options:



Active Seating



Floor Seating



Soft Seating



Stand-Up Options





Active Seating

Update your space with seating options that help your students stay healthy and on task.

Choose active seating to:

- Encourage continuous movement and help students release excess energy so they are better able to focus.
- Provide an outlet for students to fidget without distracting other students.
- Help improve student attention span, especially for individuals with attention deficit challenges.
- Keep students healthy with seating that builds core strength and encourages good posture.

Educator Favorites

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| Kore™ Stools |  | Help students focus and reduce aches from sitting still for too long with stools that wobble. |
| Vidget 3-in-1 Active & Flexible Seating System™ |  | Offer seating that gives students the sensory input they need to self-regulate without being disruptive. |
| Smith System™ oodle™ Seating |  | Keep learners engaged with a stackable solution that you can easily switch from rocker to static seat. |
| MooreCo™ Hierarchy Height-Adjustable Grow Stool |  | Choose seating that adjusts to fit your students, promotes good posture, and helps expel excess energy. |





Floor Seating

Maximize your space and give students more options with grab-and-go floor seating.

Explore floor seating options to:

- Turn your floor into a flexible learning space for individuals and groups using smaller, portable seating that is easy to move throughout your room.
- Combine floor options with standard-height chairs and create tiered seating that improves sight lines and maximizes the perimeter of your space.
- Give students a sense of ownership over their learning with seating options they can use to claim their spot.
- Create a quiet reading corner for students.

Educator Favorites

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|--|---|--|
| BackJack® Floor Chair |  | Give learners the option to sit or recline by switching the position of the chair. |
| Lightweight Reading Floor Rockers |  | Create the perfect space for reading, relaxing, and releasing nervous energy. |
| Offi Molded Stacking Chair |  | Offer grab-and-go seating with lightweight chairs that stack out of the way when not in use. |
| MooreCo™ Dot Soft Seating |  | Add a fun option to your active learning space with versatile seating that really rocks. |





Soft Seating

Create comfortable spaces where students can learn, relax, and get to work.

Add soft seating to:

- Offer students soft options that they can use to regulate their comfort throughout the day.
- Give your learning spaces the casual feeling of a living room or coffee shop.
- Create unique classroom arrangements for individuals and small groups using modular lounge seating.

Educator Favorites

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|---|--|---|
| OFM Interplay Sofa and Chairs |  | Give students a comfortable spot to relax or get to work. |
| Palette Lounge Seating |  | Configure the perfect lounge seating space with these flexible, modular units. |
| Colorful Overstuffed Bean Bag Chairs |  | Let students choose where they want to sit with this easy-to-move, easy-to-clean option. |
| Community Encore Modular Seating |  | Choose from endless configuration options to create the perfect seating arrangement for your space. |





Stand-Up Options

Improve student comfort by minimizing the negative effects of sitting for too long.

Choose stand-up options to:

- Create spaces where students can easily move between seated and standing positions throughout the day.
- Boost student health by increasing blood circulation and reducing the risk of weight gain and obesity.
- Keep students comfortable by easing the muscle tension and back pain that can come from long periods spent in a seated position.

Educator Favorites

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|---|--|---|
| <p>MooreCo™ Up-Rite Fender Sit/Stand Desk</p> |  | <p>Give students the flexibility to adjust their workspace to accommodate any height, position, or activity.</p> |
| <p>Safco® AlphaBetter® Desk</p> |  | <p>Stand up to student boredom with adjustable desks that include a swinging footrest for constructive fidgeting.</p> |
| <p>Smith System™ Sit & Stand Student Desks</p> |  | <p>Move between a seated or standing position quickly with the press of a lever.</p> |
| <p>Premier Café Height Tables</p> |  | <p>Create a casual sit-or-stand space where learners can meet up and collaborate.</p> |